

Carers Resilience Service



Are you looking after someone who without you would struggle?

Come to our Carers information drop-in within your surgery

Emotional & Practical Support for Carers

Information on benefits and services

Carer Respite Support Local and National sources of help

STAG MEDICAL CENTRE 28th Sept 2017

| EVERY | TIME | WHERE |
|------------------------------------|---------------------------|--------------------------|
| 4th Thursday of the month | 9:30am till 11:30am | Inside the surgery |

We can provide information and signposting on the support and resources available to help carers in Rotherham

For more information, please call 01709 464574 and ask to speak with one of the Carers Resilience Service team, who facilitate the carer drop-ins







Crossroads Care, Rotherham Unit H, The Point, Bradmarsh, Rotherham, S. Yorks S60 1BP Charity Registration No. 1062664

