Patient Participation Group Meeting held at The Stag Medical Centre

Minutes of Meeting Thursday 17th March 2016 at 5.30pm.

<u>Present</u>

Jenny Drew (Chair)

Jean Toner (Practice Manager)

Elaine Laurie (Secretary)

Iris Wilde (Treasurer)

Tony Drew (Website)

Peter Appleby (Treasurer)

Pippa Harder

Gill Stokes

AA Zaidi

Christine Pigg

Len Wilson

Margaret Denis

Sarah Kelly - VAR Rotherham

Kathryn Rawlings - Rotherham Dementia Action Alliance.

Apologies
Tony Robinson
Chris Peters
Heather Hind

Abbreviations used:

| Care Quality Commission | CQC |
|---|-------|
| Clinical Commissioning Group | CCG |
| Clinical Reference Group | CRG |
| National Association of Patient Participation | NAPP |
| Rotherham, Doncaster and South Humber NHS Trust | RDaSH |
| Dementia Action Alliance | DAA |
| Active Always | AA |
| Enhancement Service Specification | ESS |
| Voluntary Action Rotherham | VAR |

Chair-Jenny Drew

Ground Rules Reminder (on laminated cards)

Terms of Reference (on laminated cards)

1.0 Welcome and introduction

1.1 Jenny welcomed group members, a new member Margaret Denis and guests Sarah Kelly and Kathryn Rawlings. Apologies were noted.

2.0 Speakers.

2.1 Sarah Kelly from Voluntary Action Rotherham (VAR) gave a presentation plaque and a pack along with our membership certificate. She described the roll of supporting the volunteers at a centre and how they help groups that want volunteers in Rotherham which also links with other organisations.

There is a volunteer walk on the 7th June to get more people involved with volunteering in Rotherham.

Patients with long term conditions are linked to volunteer's community sector which was the pilot for 2 years and has now been going for 3 years with funding for another year. Sarah gave the results of a recent survey which asked who the public you like to meet.

The health and well-being board and Rotherham Clinical Commissioning Group and Rotherham Hospitals were the top three organisations that people would like to meet.

When talks are arranged Sarah will let PPG groups know with a bulletin and Jenny will send to our group and other Groups will do likewise.

There is a link for Jenny to get in touch with Sarah or Janet Wheatly chief executive VAR who is also on the health and wellbeing board. Jenny told of our campaign to get an Admiral Nurse for Rotherham. Jenny thanked Sarah for here interesting talk.

2.2 Kathryn Rawlings from Rotherham Dementia Action Alliance gave a presentation about the PPG joining the Rotherham Dementia Action Alliance. Kathryn is the coordinator and David Coldrick is the chair. There are 100 million people in the world suffering with dementia 80 thousand diagnosed and in the UK, someone is diagnosed every 7 seconds. This is a massive cost to the world. With this in mind the dementia alliance has been formed. The National alliance is regional

South Yorkshire and Humberside and Rotherham. There is a lot of stigma attached to Dementia. Doncaster is currently working on a project with Admiral Nurses.

Educating people on Dementia is the way forward for school children to be involved. The heart of the Alliance group is making local communities aware, schools, colleges, leisure centres, banks, South Yorkshire police, a corner shop, and a builder.

To wear a little dementia friendly badge to have displayed in shops etc. a dementia friendly sign will show people where to go for help it says we are your friend and are here to help. There are over 100 members, fire and rescue and First Transport are working to get more on board including ourselves. In Rotherham the aim is to include all GP's who have an important role. There are leaflets, a Dementia guide and a visitor's book for dementia patients which we can order.

Dinnington comprehensive are doing some brilliant work and Maltby town council local communities groups can all make a difference. 77% of people with dementia feel anxious and depressed, 67% feel they are not part of the community, 61% feel lonely, a smaller % feel they are a burden on their families also that they have lost a friend, 75% of the community feel they don't know enough about dementia to help. These are reasons why we need to be more dementia friendly and do more in the community. There are differing forms of dementia and it is down to educating everyone. There is a web site for Rotherham Dementia Action Alliance Members. The Dementia Friends web site gives access to some enlightening and informative videos. As a member we will have our own page on the web site which we can manage our selves and it also gives help with things we can do to help. Kathryn will send some packs for the group a guide book and a my visitors book for the patient to record who has visited them.

Jenny thanked Kathryn for the information and help in becoming members.

3.0 Group Business

- 3.1 Approval of minutes of last meeting held Thursday 11th February 2016.
- 3.2 Matters arising:
- 2.1 Jenny welcomed Margaret to our PPG who had attended with a possibility to joining us we hoped she would become a new group member.

The new appointment system is working Jean is very pleased with the staff and the system.

£25.00 was raised from a Roach Abbey photo that someone bought; Iris will bank the money.

- 3.0 Admiral Nurse campaign feedback
- 3.1 The meeting with Beth Goss-Hill with Jenny and Len was cancelled so Jenny and Len will meet up with her on 22nd March at 2pm at Rotherham Hospital.

Len will give feedback on their meeting at our next PPG meeting. Jean asked for some points to be put to Beth which they will do.

4.0 Carers Corner Social Afternoon, Pippa

4.1 Elaine and Iris are going to go to see Sheila Walker at Kimberworth Black hut to sit in their Wednesday afternoon meet to see if it will give us some ideas. We do have a plan but are open to ideas. Pippa would like to do a carers of Dementia and perhaps a carers in general afternoon. Pippa is going to do a poster for the surgeries telling when we are going to start these Friday afternoon sessions so they can come along and tell us at Rose Court what they would like to do for a couple of hours with a cuppa and bun etc. We will then look into funding. Pippa will do the poster to hold the first meeting on the 20th May it can go on our Facebook page and be sent to the virtual group.

5.0 News from the Practice

5.1 There is a new frosted window at Rose Court. Jean is happy with how the staff are working and everything is working ok.

6.0 Any other business

6.1 Suggestion box notes.

Text reminders for appointments which we already do if we have their mobile number were complimented. Blood pressure machine very good but needs paper refilling. Why there isn't a well man clinic as there is a well women one. We don't have a well women clinic but if men ring for a check-up the nurses will do a health check.

Pippa would like a monthly single sheet newsletter. Jenny will discuss it with Eileen first.

7.0 Next meeting 5.30pm 14th April 2016.

Meeting closed at 7pm. E/L 27th March