Minutes of Meeting Thursday 7th November 2013

Present

Chris Thompson (Practice Manager Tracy Ingram Jenny Drew (Chair) Kath Perry (Vice Chair) Elaine Laurie (Secretary) Tony Drew Iris Wilde Christine Pigg Pippa Harder Heather Hind Jackie Haughton **Gill Stockes** Peter Appleby **Chris Peters** Hazel Kinsey Doctor Abbey Amy Roden

Apologies

Eileen Brookes Len Wilson

Abbreviations used:

Rebecca Atchinson

Care Quality Commission	CQC
Clinical Commissioning Group	CCG
Clinical Reference Group	CRG
National Association of Patient Participation	NAPP
Rotherham, Doncaster and South Humber NHS Trust	RDaSH
Dementia Action Alliance	DAA
Active Always	AA

1.0 Welcome and introduction

Jenny welcomed group members Dr Abby and welcomed Amy Roden and Rebbeca Atchinson from Active Always, apologies was noted.

2.0 Group Business:

2.1 Matters Arising;

Iris asked about the next survey to include what patients want in terms of exercise involvement. Jenny will do a draft which could be approved by the PPG.

3.0 Jenny introduced Amy and Rebecca from Active Always (AA) sports development and apologised on behalf of Dr wallis who couldn't make the meeting

Amy told the group of her meeting with Dr Jo Wallis at Kiveton Park Medical Practice who was interested in getting patients from her practice into keeping themselves well i.e. physical activity, walking, gardening, gentle exercise and eating well.

Dr Jo Wallis has a blog

AA works on sports development with surgeries in Rotherham and districts for patients referred by doctors who need help getting mobile. There is a 12 week activity programme at £2.50 per session even for people on benefit. Kiveton Park surgery is doing well with their programme, Saint Anne's and Badsley Moor Lane is in progress and High Trees have a programme which could be joined to ours. Saint Cuthbert's could be a venue for the Active Always programme for our patients but there would be a cost incurred.

Dr Abbey asked about funding for our practice and Amy said it is possible East Herringthorpe ward has applied for funding from Sports England 2014.

AA would have a team of 6 to put in to place a programme for the patients. Doctors refer patients to Exercise on prescription.

Pippa asked about the size of patient group if too many, there could be a waiting list as it would be 1 session per week. Age at referral was questioned and an answer will be sought.

Pippa will deal with Active Always leaflets for the practice.

Comments from patients from participating A.A groups could be added to our web page face book.

Jenny thanked Amy and Rebecca for their information on Action Active Always.

4.0 Flu Clinic Feedback

4.1 Jenny thanked all volunteers who helped with the flu days and will organise a debrief meeting for all concerned shortly.

5.0 Admiral Nurse Development-Len Wilson

Jenny gave feedback as Len had other commitments and couldn't attend the PPG meeting. At the moment not an awful lot of action is happening things have gone a bit quite. Information about DAA can be found at :http://www.dementiaaction.org.uk/

Len, Chris and Jenny signed up to be members of Dementia Action Alliance they are not clear at the moment what they are signing up to, the next 12 months should become clear.

6.0 News from the practice-Chris Thompson

The CQC may be doing their inspection soon. There will be training for anyone in our group who shows interest in joint training for Dementia Champions?

Pictures are now ordered for the practice and 2 carousels for Rose Court are to be installed and the corner table to be removed?

7.0 Any other business

Rose Court and Stag Comments from patients comment box. These will be posted on the Notice Board and actions noted for the patients to see. There were some very positive comments about the Practice Jenny proposed we meet at 5.30pm for future meetings and this was agreed Meeting closed at 7.05pm

Next meeting 5.30pm on 12th of December 2013 at Stag Surgery

EL 10/10/2013